



Wayne Rush
Bodywork
Specialists in injury and illness recovery and prevention

Wayne Rush Massage Therapy For:

**Injury - Stress release - Illness - Increase circulation - Luxury - Relief of pain & tension
- Relaxation - Increase energy levels & vitality**



Wayne Rush Bodywork History

At the age of 12. Wayne Rush shattered a lower Vertebra and spent may years avoiding spinal fusion surgery. As a 19 year old, having investigated many alternative therapies, he deserved body massage treatments as a means of injury and illness recovery and prevention. Wanting to offer others the benefits of these treatments, he went on to train at the New Zealand school of Shiatsu. 20 years later Wayne Rush has a wealth of experience. Wayne Rush Bodywork has been full time business for about 6 years, with Wayne Rush and Emma Lowe operating 2 clinics, 1 in Rotorua and 1 in Tauranga. Using our comprehensive range of treatments, Massage, Exfoliating Back Scrubs, Pure Shiatsu, Hot Mineral Pack Massage, Facial Massage, Exfoliating Back Scrubs. With 2 treatment rooms in Tauranga and 1 in Rotorua, we can do specialised treatments. Tandem Treatments and single

treatments. All clients are covered in crisp white sheets side by side or single, the heady aromas of oils and ginger compress permeating the rooms.

Our Mission

To teach, guide and inspire people towards greater health, happiness and well-being.

“I've always been a competitive sports person but had problems with tight hams and calf muscles for many years. I have tried many ways from stretching to liniments, but with in a few treatments with Wayne Rush Bodywork I was able to move more freely.”

“ I've been having regular massages incorporating the ginger compress and hot mineral pack treatments at Wayne Rush Bodywork to aid in my recovery from months of intensive chemotherapy. It has been really excellent in helping me with my detoxifying process and getting my joints and muscles functioning again.”

Book Wayne and Emma at [Go360](#) or use the [Go360](#) Vouchers purchased online.